

1st April 1930]

No. V diet—

Nucleus diet.
 Beef or mutton grills, 4 oz.
 Vegetables, 2 oz.
 Table rice, 4 oz.
 Mutton curry, 4 oz.
 Plantains, 2.
 Custard pudding, $\frac{1}{2}$.

No. VI diet—

Nucleus diet.
 Irish stew, 4 oz. with vegetables
 and potatoes, 4 oz.

No. VI diet—*cont.*

Fish curry, 4 oz.
 Table rice, 4 oz.
 Plantain fritters, 1.

No. VII diet—

Nucleus diet.
 Chicken grill, 1.
 Vegetables, 2 oz., and potatoes,
 2 oz.
 Vegetables curry, 4 oz.
 Lime pudding, $\frac{1}{2}$.
 Table rice, 4 oz.

Special diets for Europeans and Indians for typhoid cases.

Milk, 3 pints and whey, $2\frac{1}{2}$ pints.
 Limes 6, for preparing whey.
 Albumin water, 2 pints (6 eggs required).
 Sugar, 3 oz.

For improving dysentery and fever cases.

Milk, $2\frac{1}{2}$ pints.
 Chicken broth, 10 oz.

NOTE.—Medical officers have discretion to vary the nature and composition of the diets subject to the proviso that the substitute diets so prescribed are not below the standard calorific value and do not cost more than the corresponding diet according to the above scale.

APPENDIX VI.

[Vide answer to question No. 1770 asked by Mr. A. B. Shetty at the meeting of the Legislative Council held on the 1st April 1930, page 894 *supra*.]

Age periods.	Attacks.			Deaths.		
	Total.	Vacci- nated.	Not vacci- nated.	Total.	Vacci- nated.	Not vacci- nated.
Under one year ..	14	5	9	6	3	3
1-6 ..	39	12	27	16	6	10
6-12 ..	52	18	34	8	..	8
12 and upwards ..	246	176	70	30	14	16
Total ..	351	211	140	60	23	37